

PARANORMAL UNDERGROUND®

Volume 17, Issue 6

June 2024

*The Fresno
Nightcrawler*

*The Wisconsin Apparition
Tracking Society*

*Dyson Spheres
Unlocking Alien Searches?*

*The Zombie
Apocalypse
Real vs. Imagined Threats*

*The Haunted Legacy of
Monte Cristo Homestead*

*The Shag Harbour
UFO Incident*

*Energy Healing
for Your Pets*

ALSO INSIDE:

UNLOCKING THE MYSTERY OF LIFE AFTER DEATH

SHADOW MAN IN STOCKTON: A FRIENDLY HAUNTING?

WHISPERS FROM THE BEYOND: EMBRACING THE VOICES OF SPIRITS

5 SIGNS YOU'RE AN EMPATH AND HOW TO HARNESS THAT POWER



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Cheryl is a psychic medium, remote viewer, explorer, and researcher. Having her first paranormal experience at a young age made her realize she had a unique Sixth Sense and was able to communicate with those on the other side.

Cheryl's passion for one haunted location afforded her the opportunity to appear and consult in Chris Halton's documentary *A Haunting at Bachelors Grove*, one of the most haunted cemeteries in the Midwest.

She is an experiencer and a member of MUFON and CE-5. She served as a consultant for Thomas Conwell's books *They Are Here: Central U.S. UFOs* and *Earthquakes and UFOs*. Cheryl is an international author of eight books, including *Edge of Darkness*, *Chosen*, and *Dimensions: Mysterious Triangles of the U.S.*, and she is the co-author of *Digging Into Skinwalker Ranch* and *The Basin Files: Skinwalker Ranch*.

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Cheryl's magazine experience includes roles as senior and managing editor for several niche publications and online media.

Cheryl has experienced all types of paranormal phenomena, from ghostly activity to psychic events.

paranormalunderground.net

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Lisa is an author and illustrator. She is the author of *Haunted Catskills* and *Witches and Warlocks of New York*. She has also written for *Chronogram Magazine*, *Haunted History Trail of New York*, *Hudson Art & History Magazine*, *Hudson Valley Parent Magazine*, and PBS/WMHT.

Lisa has received awards for her artwork. She was nominated for Artist of the Year in 2002 by the Columbia County Council on the Arts, and featured twice on WMHT's *A House for the Arts*. She lives in upstate New York.

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Willie is a shaman and supernatural consultant. He works by himself, as well as with his wife, Schmon. He belongs to the Paranormal Clergy and Dominion Ministries.

Willie is the author of two books detailing his 50-year journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.

Willie has appeared on A&E's *Cursed: The Bell Witch* and CMT's *Most Shocking Ghosts*. He also hosted a public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he created a group of sensitives, called Soul Warriors, who are based across the U.S.



CHERYL KNIGHT-WILSON

Cheryl is co-creator and editor-in-chief of *Paranormal Underground* magazine, cohost of the *Mindful Mystics* podcast, and former producer of *Paranormal Underground Radio* and the *Intention Is Everything* podcast.

She has more than 30 years of experience as a professional writer and editor and has written articles on topics ranging from advanced technology and enterprise computing to travel guides and paranormal phenomena.



NONNY MENDOZA

Nonny grew up surrounded by paranormal phenomena, sparking a lifelong fascination with the unknown. She obtained a graphic design certification in 1995 and started her business in 2004. Seeking deeper meaning, she joined the Navy in 2007, where her time in New Orleans rekindled her passion for the supernatural.

After earning a bachelor's degree and retiring from the Navy in 2019, Nonny focused on writing. Her *Ghostly Tales Books* series, beginning with *Awaken the Dreamer*, explores her paranormal encounters and delves into themes of awakening and government secrecy.

Nonny's lineage, tracing back to historical figures like Rollo the Viking and William the Conqueror, enriches her unique perspective on the mystical and unknown.

celestialrainpub.com



ATHENA PERRAKIS, PH.D.

Athena is the founder and CEO of SageGoddess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has

15 years of experience as a professor, corporate trainer and consultant, and educator.

Athena's metaphysical experience includes expertise in gemology, astrology, tarot, aromatherapy, Reiki, and herbal medicine. Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance.

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RAINBOW RADAELLI

Rainbow is a paranormal, abductee, and cryptid researcher along with her husband, Michael. She is an experimenter herself, dealing with paranormal phenomenon since childhood.

The silk road of life has led Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer, and truth seeker. All directions have paralleled each other, finally coming together in Rainbow's articles, research, and blogs.

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PAUL DALE ROBERTS

Known as an esoteric detective, Paul has been reading and studying the unknown since he was a young boy. He has been to over 59 countries to document the paranormal.

Paul worked for military intelligence from 1979 to 1986 and saw several top-secret UFO photographs, making him very interested in extraterrestrials. He is a journalist for the *Costa Rican Times*, and his articles cover metaphysical topics and paranormal investigative stories. He is also co-owner of Halo Paranormal Investigations.

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COREY SHARER

Corey is a paranormal enthusiast who has investigated at The Queen Mary, The Queen Anne Hotel, Hotel Alex Johnson, and The Whaley House.

He has personally encountered paranormal phenomena, including seeing ghostly apparitions and UFOs and is most interested in trying to solve the mysteries of the paranormal.



CODY SHARPE

Cody is a husband and father of two. He has been in the paranormal community for several years. He left paramedicine to focus more time on the paranormal.

Cody has investigated with several teams, but his main teams are Sharpe Side of Paranormal and Above and Below Paranormal. He hosts a live podcast several times a month, interviewing positive creators in the paranormal field, as well as bringing news from the paranormal community.

sharpesideofparanormal.com



CHAD WILSON

A freelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of ParanormalUnderground.net.

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, Brushy Mountain State Penitentiary, and private residences among his investigations.

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Have You Had a Paranormal Encounter You'd Like to Share?

If you've had a paranormal encounter and would like to share it with our readers, email us at paranormalunderground@live.com. Tell us about your experience, and we may publish it in a future issue.



We are looking for encounters with all types of paranormal phenomena, including experiences with ghosts, cryptids, UFOs/ETs, the spirit realm, psychic phenomena, etc.

Your submission can be anonymous!

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July 5-7

UFO Festival
Roswell, NM
ufofestival.com

July 11-14

MUFON Symposium
Irving, TX
mufonsymposium.com

July 13

Bigfoot Daze
Willow Creek, CA
willowcreekchamber.com/bigfoot-daze

July 19-21

Kecksburg UFO Festival
Mt. Pleasant, PA
kecksburgvfd.com/ufo-festival-latest-news

July 19-21

Sasquatch Summer Fest
Oakridge, OR
sasquatchsummerfest.com

July 26-28

The Glastonbury Symposium
Town Hall, Glastonbury, Somerset,
BA6 9EL, UK
glastonburysymposium.co.uk

July 27

Smoky Mountain Bigfoot Conference
Gatlinburg, TN
gatherupevents.com/smoky-mountain-bigfoot-conference

August 10

Hill-Con Paranormal Convention
New Castle, PA
hauntedhillviewmanor.com/hill-con

August 22-24

Michigan Paranormal Convention
Sault Ste. Marie, MI
saultstemarie.com/events-calendar/michigan-paranormal-convention

September 4-7

PhenomeCon
Vernal Utah
phenomecon.net

September 6-8

Northwest Tarot Symposium
Portland, OR
nwtarotsymposium.com

September 13-15

Gold Country Paracon
Jackson, CA
goldcountryparacon.com

September 13-15

Great Lakes Paranormal Conference
Glenbeulah, WI
greatlakesparanormalconference.com

September 14

Outer Limits Magazine (OLM)
Conference
Hull, England
<https://olmmag.wordpress.com/conference-2024/>

September 14

Flatwoods Monster Convention
Flatwoods, WV
braxtonwv.org/event/flatwoods-monster-convention-2

September 19-22

Hauntlanta Paranormal Convention
Buford, GA
hauntlanta.com

September 20-21

Michigan UFO Contact
Houghton Lake, MI
miufocon.com

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CRYING STATUE, HUMANOID PRAYING MANTIS & POSSESSED DIANA DOLL

VIRGIN MARY STATUE IN MEXICO ALLEGEDLY CRIES BLOOD

Church officials have started an inquiry into reports of a Virgin Mary statue in Mexico purportedly weeping tears of blood, according to [msn.com](https://www.msn.com). The statue, depicting Our Lady of Guadalupe, startled its owners, a family in Morelia, Michoacan, who contacted Catholic Church authorities when it allegedly began shedding red tears on June 2.



The statue's exact location is being kept secret to protect the family. Photographs shared by Canal13 Michoacán show dark streaks on the statue's cheeks, seemingly indicating tears of blood. The phenomenon has drawn locals to witness what many are calling a miracle.

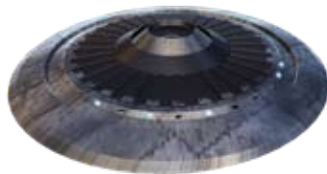
The Archdiocese of Morelia has urged caution, emphasizing the need for a thorough investigation.

"The Archdiocese of Morelia is taking the necessary measures to investigate the situation in a deep and exhaustive manner. Therefore, it is too early to issue a definitive position on the matter," the Archdiocese stated.

MUFON TO UNVEIL 'UAP MATERIAL' AT LIVE EVENT

The Mutual UFO Network (MUFON) has announced a groundbreaking live event on July 13, which they describe as "the most important UAP-related presentation it has ever made." The focus will be on alleged UAP material obtained from a Russian UFO investigator, which had reportedly been involved in a cover-up attempt, according to [unexplained-mysteries.com](https://www.unexplained-mysteries.com).

The material, tested in both Russia and the U.S., was found to be "of unknown origin." Notably, some samples were stolen from a U.S. Post Office Box before MUFON



Investigator Robert Spearing could retrieve them. The theft investigation was hindered as CCTV cameras had been tampered with.

"This is typical with evidence of this nature," said MUFON Media Relations Director Ron James. "We believe that this material was deliberately taken by someone who could hack into a locked Post Office Box to prevent further testing. Who did it is anybody's guess."

James emphasized the significance of the findings, stating, "The evidence that supports this story, and others that we will share at the Symposium, could make this the biggest UFO-related news event of the year. We have physical materials and more evidence of non-human technology."

MUFON's live event will take place on Saturday, July 13, 2024, at 8 PM CT.

PRAYING MANTIS HUMANOID SPOTTED IN SIERRA NEVADA MOUNTAINS

An experienced hiker shared a baffling encounter with *Phantoms & Monsters* about seeing a five-foot-tall, upright praying mantis humanoid in the Sierra Nevada Range near Tahoe City. The hiker recounted, "I had a strange encounter in the Sierra Nevada outside of Tahoe City about 8 years ago that I just can't explain."



While solo backpacking, the hiker was testing new gear near Mt. Dana at around 7,000+ feet. As they collected interesting geometric rocks that rang like a hollow tank when knocked, he heard a fluttering noise. Expecting a bird, he was shocked to see a giant praying mantis standing erect, about chest height to him.

"This mantis was at least 5 feet long! It stood erect, and its abdomen was curved to a very extreme angle," the witness described.

The mantis, displaying human-like behavior, grabbed a piece of food and stared at the hiker before flying off. He tried to photograph it, but it escaped too quickly. Following the encounter, the hiker felt nauseous and developed a severe migraine, attributing it to dehydration.

PSYCHIC CLAIMS DOLL IS POSSESSED BY PRINCESS DIANA'S SPIRIT



A Peruvian psychic, Milagros Albarracin, claims that a doll is possessed by the spirit of Princess Diana, according to an article in the *Mirror*. This assertion follows a client's desperate plea for help after experiencing "paranormal events" with the doll. The client reported that the doll moved around its display cage and changed positions when unobserved.

Milagros examined the doll and noticed it exhibited similar behaviors, shifting from lying flat to sitting upright. She also observed the doll without its crown at times. Convinced that the doll was possessed by Princess Diana, Milagros conducted a session, allegedly communicating with the spirit via a transistor radio. In a video of the session, Milagros asks the doll, "How do you feel?" and claimed it responded, "Sad." When asked, "Who are you?" she purportedly heard "Diana."

Further interactions revealed that Diana's spirit might be "worried" about Kate Middleton, as Milagros inter-

preted the responses "son" and "Kate" from the doll. The psychic suggested that Diana's spirit is concerned about her grandchildren.


VATICAN ARCHIVES: A TREASURE TROVE OF UFO SECRETS?

Scientists and researchers are keen to access the Vatican Apostolic Archives, suspecting hidden UFO and paranormal information among its 50 miles of documents. According to the *United States Conference of Catholic Bishops*, this effort gained traction in 2023 after former U.S. intelligence official David Grusch testified that the Vatican was involved in an international cover-up of alien secrets. Grusch claimed that Pope Pius XII relayed information about a crashed UFO to the U.S.

Marco Grilli, secretary to the prefect of the archives, expressed skepticism, comparing these claims to wanting to read "the personal letters of Pontius Pilate or the Virgin Mary." However, Diana Walsh Pasulka, author of *American Cosmic*, suggests the archives might contain reports of nuns witnessing orbs and other phenomena, which could be interpreted as UFO events rather than traditional miracles.

Stanford professor Garry Nolan sees the archives as vital for understanding UFOs. He describes the Vatican's collection as "the oldest library system of paranormal or supernatural knowledge." Nolan believes advanced species sightings give hope for human survival against global threats like climate change. ♦





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DISCOVERING THE UNSEEN

Intriguing Reads You Don't Want to Miss

By Lisa LaMonica

This month, we delve into a diverse selection of books that span historical intrigue, the depths of occult practices, and chilling paranormal experiences! Each book offers a unique perspective, promising to captivate and intrigue readers from start to finish.

'The Once & Future Witch Hunt: A Descendant's Reckoning From Salem to Present' by Alice Markham-Cantor

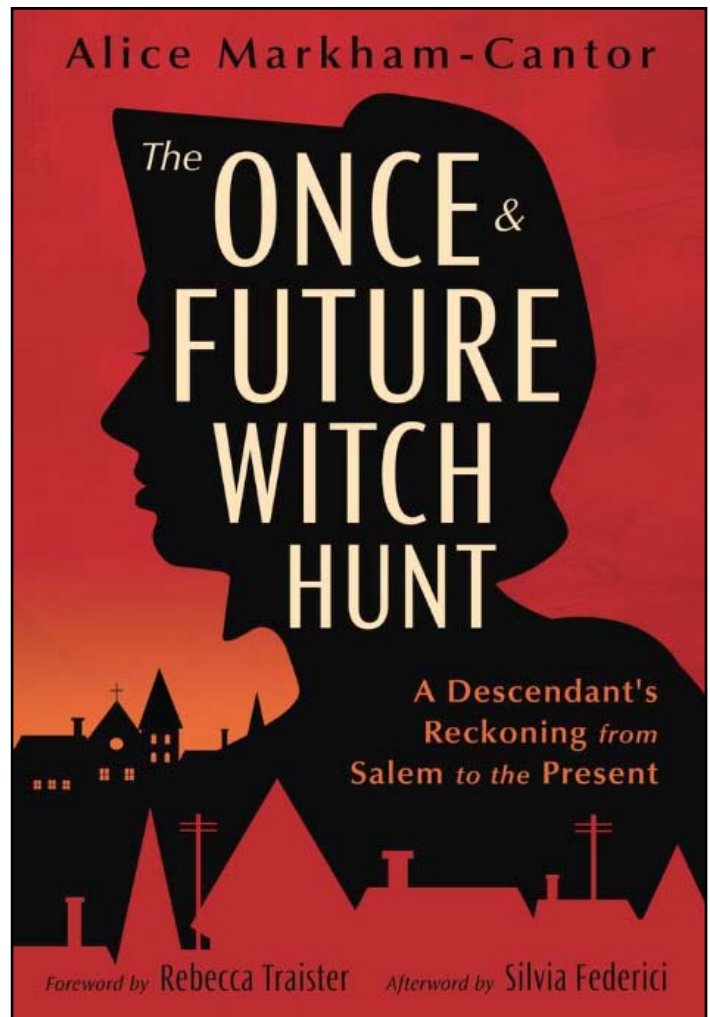
With a foreword by Salem-accused witch descendant Rebecca Traister, this book is a fascinating blend of historical documentation, alternating with chapters of fiction that weave a tale of what life in ancient Salem times most likely consisted of, where characters come alive and women didn't always hold their tongue.

Author Alice Markham-Cantor's work appears in *New York Magazine*, *Scientific American*, and *The Nation*, among other publications. With this book, she makes clear that the allure of witchcraft and magic never wanes. As pointed out, the Salem story is one of "American brutality and injustice" and, often times, rooted in capitalism.

The author points out that after the Salem witch trials, many families moved away. And, even in modern times, some do not wish to know or mention their ancestor's connection to it. Thankfully, books such as this one exist to fill in much-needed answers.

The author tells of her ancestor Martha Carrier being accused of witchcraft and her subsequent hanging. With no surviving writings of Carrier, the author gives her a voice that resonates through the ages, describing what the events must have been like to experience. The reader is transported back to those times.

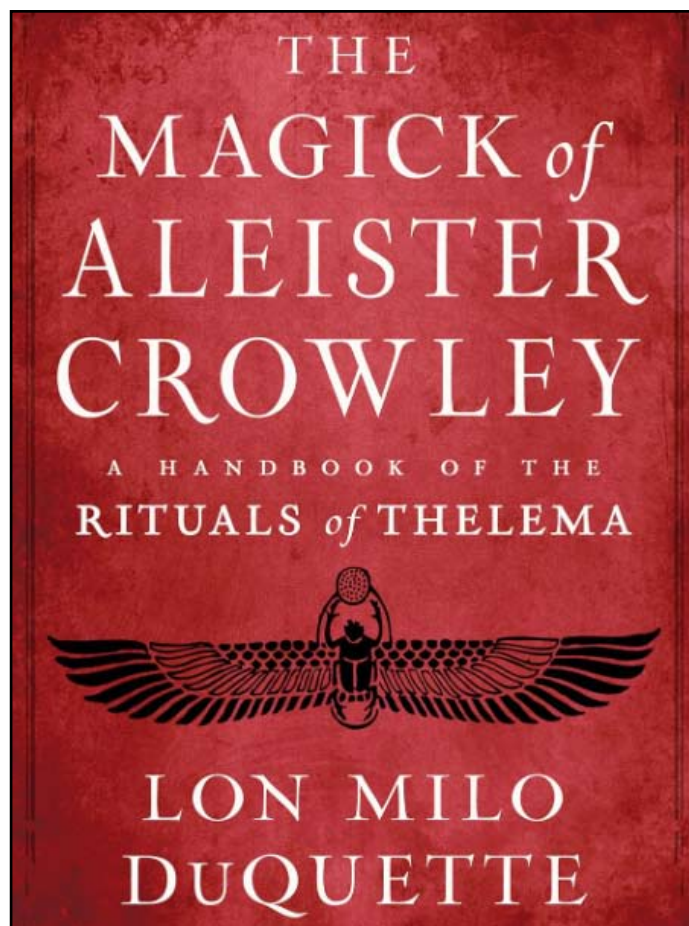
As a distant cousin of the author, Traister heavily researched her family's Salem witchcraft connection also during the pandemic. Uniquely listed at the beginning of the book is all of the historic Salem characters and their lineage, making for easy back and forth referral for the reader. Illustrating the point, as seen in Salem, stories and rumors can "carry on the wind," sometimes becoming a fatal part of life, a recurring theme throughout history.



How exciting it must have been for the author to find transcripts of what her ancestor said in defending herself against her accusers and of being a witch.

'The Magick of Aleister Crowley: A Handbook of the Rituals of Thelema' by Lon Milo DuQuette

More than 75 years after Aleister Crowley's death, a comprehensive study of the man known as "the 20th century's greatest, most precise writer on magick" has been written by bestselling author and Omega Institute faculty



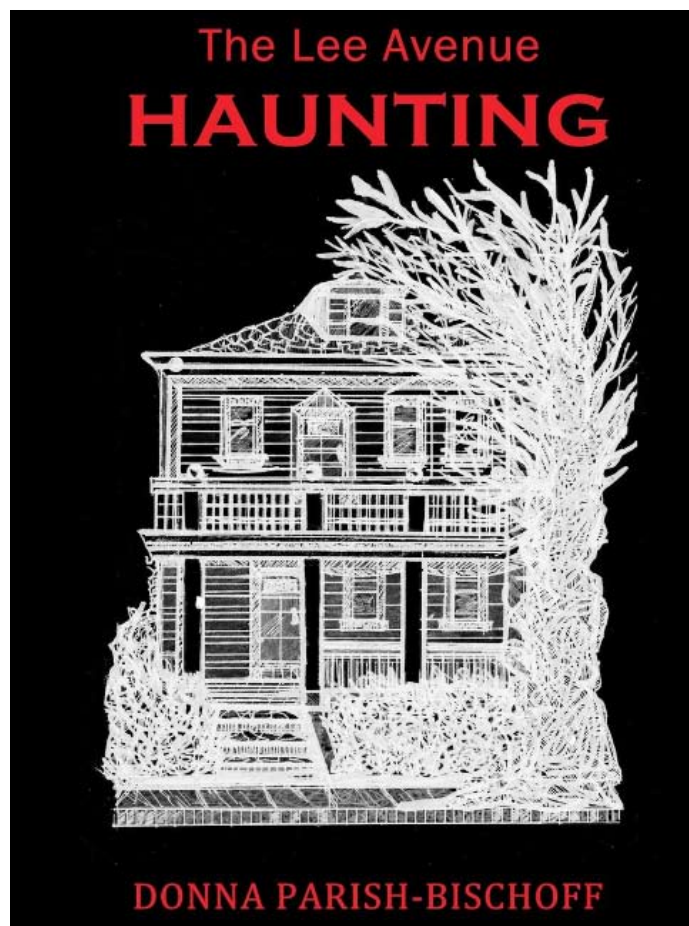
member and occultist author Lon DuQuette. Crowley, 1875–1947, has remained a fascinating and controversial figure, and DuQuette chronicles Crowley’s work, myths, and rituals for all who wish to know more about the man.

Setting his book apart from others on Crowley is a course of study with “rituals and explanations of their significance.” Thelema, founded by Crowley in the early 1900s, was a Western occult, spiritual philosophy and new religious movement, with a central theme of following one’s True Will. Magick was also a central practice.

Early on in the book, the author tackles and gets out of the way the myths and misconceptions about Crowley. The book is one to keep for magicians and practitioners of craft. The author describes, beautifully, myths of other cultures and the Earth’s life, sun, and growing seasons, as well as the evolution of some of our early belief systems.

‘The Lee Avenue Haunting’ by Donna Parish-Bischoff

As one of the co-founders of Indy Para, a team of paranormal investigators, the author tells her own haunted house tale in her [first book](#). Indy Para has been featured on two episodes of the Biography Channel’s *My Ghost Story* for covering some investigations at Miss Fanny’s Victorian



Party House in Wappingers Falls, New York, and the Patchett House located in Montgomery, New York.

The Lee Avenue Haunting tells of a story from 1974, when Parish-Bischoff and her family moved into a house that was built in the early 1900s and was once a vacant farmland lot. In her adult years, she would be contacted by a reader who shared Native American history of that region, perhaps offering some explanation for some of the occurrences having happened there.

“I decided to write about our collective family experiences throughout the five years because I knew ... it was my responsibility to let others know they aren’t alone out there,” Parish-Bischoff said. “Another reason I wanted to write the book was to honor my deceased parents and brother. My brother and I always spoke about writing the book about Lee Avenue.”

The tale starts with former occupant Henry, his demise, and the house remaining vacant for 30 years until the 1940s. Then, the book details how realtors, potential home buyers, and contractors would discover there was a negative energy that would cause “most people not wanting to stay there for any length of time.”

When a family moved into the house in the 1940s, their story would lead to tragedy, continuing with each family thereafter. ♦

HAUNTED ADVENTURES

WITH THE WISCONSIN APPARITION TRACKING SOCIETY

By Cody Sharpe



The Wisconsin Apparition Tracking Society seeks out lesser-known haunted locations to investigate. Team members include (from left to right) Franky, Kimberly, Christina, Denise, and Lauren.

Christina Rappel and Kimberly Johnson first met at the age of 12 when they presented edgy monologues at a Catholic school forensics competition. They both often questioned conventional thinking, and their fascination with the unknown eventually led them to form The Wisconsin Apparition Tracking Society.

Joined by Denise Dietz, Lauren Pearl, and Franky Everleigh, they share a passion for the supernatural and push the boundaries of traditional ghost hunting. They usually aim to explore lesser-known haunted locales, and their adventures range from eerie nights at the Cambre House in Nauvoo, Illinois, to investigations at various Midwest locations.

Keep reading to learn more about the team's investigative philosophy and paranormal experiences.

* * * * *

Q: How did you start your journey in paranormal investigation?

Kim: I have always been interested in the paranormal and mysteries. My mom and I always used to watch *Unsolved Mysteries*, and that was one of the first shows that had more ghost stories in it. I always gravitated toward it.

I was raised in an Irish Catholic family. My grandmother was very superstitious. She would not be happy with what I am doing. My mom tends to follow the superstitions sometimes, so I grew up hearing superstitions and was really into it. I read my first horror novel when I was 10, so I have always been interested in it. It is just something I have always felt compelled to explore and try to understand.

Christina and I have always gone back and forth over the years about it. I remember at one point, probably the late '90s, before we had the paranormal shows, I was like



The team stands in front of the haunted Cambre House.

how do we investigate this stuff, how is it done? I was really fascinated with it, and the internet was just becoming a thing. So, there wasn't a lot out there at the time. There were a lot of people doing investigations at the time, though. I was living in LA, and I got to go to some actual investigations, which furthered that fire for me.

Christina: I was five years old playing hide and seek at my grandparents' house during Christmas. My cousins and I were playing in rooms we weren't supposed to be in. I had an all-white cat that had lived with my grandmother. My cat has passed away the summer before.

I was standing alone in a space that my great grandparents had lived in that was left untouched after they passed away, and I saw my deceased cat jump out from behind the curtain and just saunter across the room. There were no other cats that lived in the house.

Denise: When I was little, my dad passed away when I was six and my mom ended up marrying the funeral director. So, I ended up growing up from the age of eight in a funeral home. Lots of times there were knocks, noises, and things like that. I always wonder what happens to you

after you die. So, there's always been that kind of question in the back of my mind.

I've always loved to read ghost stories and mysteries and things like that. Then I discovered the paranormal TV shows, and I would watch them one after another. When I watched paranormal TV shows, I thought it would be cool to do this. I wondered where they got the equipment.

I would see ghost groups pop up on my Facebook advertising that I could do an overnight investigation. So, I just went on an overnight, and Kim and Christina were on that team. That started this whole journey for me.

Lauren: I was just always interested, even as a young kid, in the paranormal TV shows. But, I grew up in a very religious household. My grandfather was a pastor, so it was a very big no-no. Like if they were coming over, I was warned to change the channel. So, now I am just a rebel!

There are rumors my paternal great-grandmother may have been a medium of some sort, so I think it all just came together.

Q: How do you decide where to investigate?



The team meets up with paranormal equipment inventor Bill Chappell at the Michigan Paranormal Convention.

Kim: We compile a list and go over what the activity is, how long it will take us to get there — just all sorts of details. Then, as a team, we decide what weekends we have free, when we are going to go, and what we are going to do as far as the actual investigation.

We don't plan a lot in advance. We really want to have fun with it.

Q: Do you share details of the hauntings before you investigate?

Christina: We each are a little different on that one. Sometimes we like to get a history or we know the history. Because I have mediumship abilities, sometimes I like to go into a location blind and then find things out afterwards. It gives me validation.

I think we are all pretty laid-back when it comes to that, so we just go with the flow. We do vote on everything, and we try to have a unanimous decision on everything. When we established the team, that was a priority for us so nobody felt forced or left out.

We do try really hard to work around everyone's schedules. So, we go back and forth on whether we go in blind or get a history beforehand. Denise is our history gatherer.

Q: What was your craziest experience while investigating?

Lauren: It happened during an investigation in the middle of nowhere, and it definitely set the mood for the night! We were actually getting recordings over our equip-

ment that seemed not human. Plus, it was storming — thundering and lightning. It was just the perfect super creep factor!

Christina: We slept together, huddled together in the living room, because Denise was like, 'What if a bear came in here?'

Q: Do you have a defining moment in your paranormal exploration?

Kim: I don't have a defining moment. It's a lifelong passion for me. I wouldn't say that I am a medium. I am intuitive and do have some gifts there, but I really focus on proving activity, proving things, getting actual proof, getting actual communication.

I would say one of the biggest experiences I had was when my father died. I was there with my mom, and we both independently saw shadows. We both felt presences independently and didn't mention it to each other until much later. I am pretty sure that one of them was my grandmother who passed away when my father was 13.

So, that was kind of a special experience to have, as far as my father leaving this plane. He had a very easy, very loving passing. I feel like my exploration of the paranormal and my love of it help me to accept things a little bit better and to really move through that situation and that experience in a more hopeful way.

Christina: I think my defining moment was when I had my first paranormal experience when I was five that I mentioned. That was the moment where I just realized there had to be an explanation for what I was sometimes seeing or experiences that I was having.

So, not only did I become fascinated with the paranormal, but I also became really interested in other religions through that. I started questioning ... a lot of questions, teaching myself things, checking stuff out of the public library that were controversial. I am the science nerd. I love physics and I believe that magic and the unknown is science we haven't put pen to paper yet. We haven't been able to figure it out yet.

* * * * *

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TUNE IN TODAY ON ITUNES, PODBEAN & MORE!

UNLOCKING THE MYSTERY OF LIFE AFTER DEATH

EXPLORING HUMANITY'S ENDLESS ENIGMA

By Nonny Mendoza

Since the dawn of consciousness, humanity has been captivated by the enigmatic concept of life after death. It's a question that has haunted philosophers, theologians, and everyday individuals, including myself alike: What happens to us when we depart this world? Despite centuries of contemplation and speculation, the mystery persists, leaving us to grapple with the unknown.

My personal experience with death was when I lost my mother to cancer. She was strong, but sadly, she succumbed to the illness after two years of battling. Her departure left a profound void in the lives of my family. I felt lost without my mother, the patriarch of the family.

I had moved in with my father months before to assist with the care of my mother. One particular night remains etched vividly in my memory: As I slept soundly, my mother's commanding voice pierced through the hallway's darkness. In an instant, something extraordinary occurred.

My soul seemed to detach from my body, and I suddenly found myself standing before her. She appeared youthful, adorned in a peach coral dress, her hair styled just as if it had been in her thirties. Without hesitation, I responded, "Yes, mom."

While in the spiritual state, I didn't analyze what was happening. It simply unfolded before me. One peculiar detail stands out in my memory: There was an absence of emotional energy between us, which struck me as odd upon reflection.

The next thing I recall is finding myself in my aunt's room, which used to be my mother's own room when we lived in the house. I saw her gesture toward my aunt, who was fast asleep, instructing me to convey to my aunt that she was well. I responded with a simple "Yes, Mom," again struck by her timeless beauty.

Approaching the closet, I opened the door and reached inside, where I found my mother's red sweater





and retrieved her cell phone from the pocket. As soon as I did this, I felt my soul reentering my body. Upon waking, I immediately called my aunt. Though taken aback, she wasn't entirely surprised, as she recounted feeling my mother's presence that very night.

Bridging Earthly Emotions With Cosmic Consciousness

I confided in a personal friend, who was a clairvoyant, about my profound experience. Seeking reassurance, I shared with her the lack of emotional connection I had felt during the encounter. Despite knowing deep down that she was my mother and feeling the ache of her absence, I found myself strangely devoid of emotions during the encounter.

The clairvoyant elucidated that the spiritual realm operates differently from the emotional spectrum experienced by the living on Earth. Instead, it is characterized by consciousness, light, and the accumulation of spiritual experiences from every life we have lived, whether on Earth or in other galaxies. She further clarified that souls

in the lower realms can communicate with us, bridging the gap between the earthly and spiritual planes.

When we transition, there is a healing process. Many will see and experience darkness on the other side. Others will see Jesus, family members, and the place we call Heaven.

Another important detail about the spiritual soul is that we are all creators, inherited from the creator we call God. We create what we see. If a person dies in fear, they

may create darkness and images of hell. It is all just a projection. We are safe and are guided through the transition back to reality, home.

She further explained how the other side is designed with dimensional realms home to many spirits.

Every spirit emits a frequency based on life experiences and choices and is matched with the dimensional realm with the same vibration. Spirits that decide not to reincarnate separate from their soul. In that separation, the soul reconnects with the fountain of life, and the spiritual form and memories of the person transform back into light.

Science extends beyond the confines of Earth's bio-

The spiritual realm is characterized by consciousness, light, and the accumulation of spiritual experiences from every life we have lived.



logical and tangible aspects. On the other hand, spirituality cannot be scrutinized under a microscope. It embodies our essence and is the repository for our memories of past lives. The afterlife represents our true home, a place we yearn for despite our inability to consciously recall it.

In this context, death can be seen as a shift toward spiritual awareness and explicit expressions of life. From this perspective, we resemble dreamers navigating through the enigmatic mist encompassing human existence.

From Cultural Narratives to Scientific Inquiry

Throughout history, various cultures and belief systems have offered interpretations of what lies beyond the veil of mortality. From reincarnation in Eastern philosophies to the promise of paradise in Abrahamic religions, humanity has crafted intricate narratives to provide solace and meaning in the face of mortality. Yet, despite the richness of these traditions, the ultimate truth remains elusive, shrouded in a veil of uncertainty.

Religious scriptures offer glimpses into the afterlife, promising rewards for the virtuous and punishments for the wicked. However, these accounts are often steeped in metaphor and allegory, leaving room for interpretation and debate.

Meanwhile, Near-Death Experiences (NDEs) have

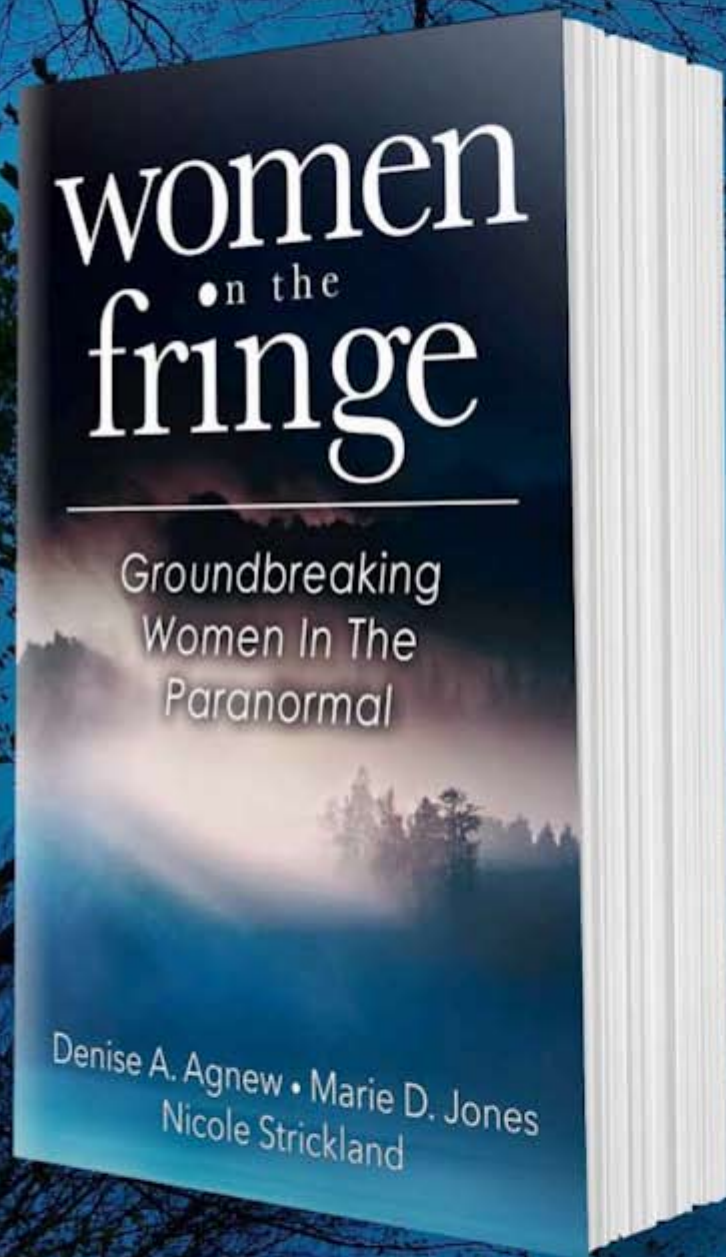
provided tantalizing glimpses into the realm beyond, with many individuals reporting vivid encounters with light, deceased loved ones and a profound sense of peace. Yet, the scientific community remains divided on interpreting these experiences, with skeptics attributing them to neurological phenomena rather than glimpses of an afterlife.

Advancements in science and technology have further complicated our understanding of life after death. The rise of neuroscience has shed light on the intricate workings of the human brain, challenging traditional notions of the soul and consciousness. Meanwhile, quantum physics has sparked speculation about the nature of reality, with some theorists positing the existence of parallel universes and alternate dimensions. Could these insights hold the key to unlocking the mystery of life after death, or are they merely another layer in the labyrinth of existence?

Despite our most diligent endeavors to decipher its secrets, the enigma of life after death persists, serving as a poignant reminder of the intrinsic boundaries of human understanding. In this realm where empirical methods falter, human spirituality steps forward, offering illumination in the spaces where science falters.

Death, an elusive phenomenon, remains veiled from our sight unless we possess the rare gift of peering beyond the mystic curtain. ♦

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THE HAUNTED LEGACY OF MONTE CRISTO HOMESTEAD

AUSTRALIA'S MOST HAUNTED HOUSE

BY CHERYL KNIGHT-WILSON

Nestled in the picturesque town of Junee, New South Wales, the Monte Cristo Homestead stands as a silent witness to a chilling history that has earned it the title of Australia's most haunted house. Visitors and paranormal enthusiasts alike are drawn to this grand, old building, lured by tales of ghostly apparitions, eerie sounds, and an unsettling atmosphere that lingers long after they've departed.

But what is it about this historic homestead that stirs such spectral intrigue?

A Brief History of Monte Cristo Homestead

Built in 1884 by Christopher William Crawley, a local farmer who rose to prominence through shrewd investments and sheer determination, Monte Cristo Homestead is a striking example of Victorian architecture. The Crawley family resided in the mansion for many years, and it was within these walls that they experienced both immense prosperity and unspeakable tragedy.

Crawley was a man of means, and his success allowed him to build a home that was the epitome of luxury and elegance for its time. The mansion featured intricate ironwork, expansive verandas, and lavish interiors that showcased the Crawley family's wealth.

Despite its outward grandeur, however, the homestead harbors a dark history marked by untimely deaths, mysterious accidents, and lingering sorrow.

Haunting Activity at Monte Cristo Homestead

The eerie tales of Monte Cristo began shortly after the Crawleys moved in. Visitors and subsequent owners have reported numerous paranormal activities that defy rational explanation.



Monte Cristo Homestead in Junee, NSW, is known as Australia's most haunted house. It's renowned for its ghostly apparitions and eerie atmosphere. (Photos: [The Little House of Horrors](#))

One of the most famous ghosts is that of Mrs. Elizabeth Crawley, Christopher's wife, who is said to haunt the house. Known for her strict and domineering nature, she allegedly kept a tight grip on the household, even after her death in 1933. Visitors often report seeing her spectral figure dressed in a period gown, gliding through the halls or standing at the window of her former bedroom.

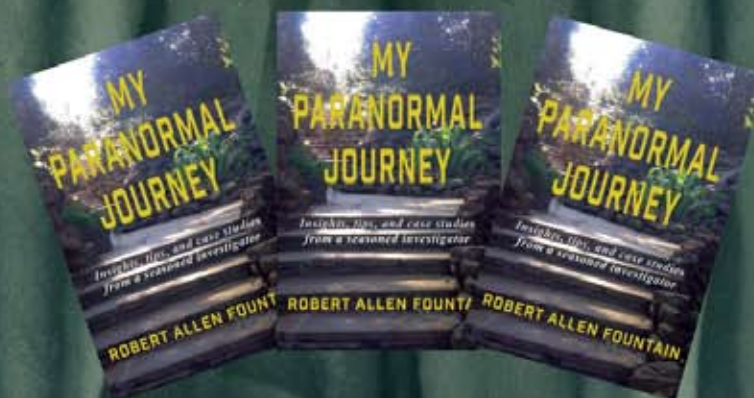
Another tragic figure is the ghost of a young maid who reportedly fell to her death from the balcony. Some say she was pushed, while others believe it was a tragic accident. Her presence is often felt in the areas where she worked, with sudden drops in temperature and the faint sound of sobbing echoing through the halls.



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Perhaps the most unsettling presence is that of a stable boy who was tragically burned to death in a fire. His ghost is said to haunt the stables and the surrounding grounds, with many visitors claiming to hear his anguished cries and seeing flickering lights that resemble flames.

The homestead is also home to a more modern apparition – that of a caretaker who was murdered on the property in 1961. Shot by a local youth, the caretaker's restless spirit is often seen roaming the grounds, his shadowy figure causing an unsettling sense of dread among those who encounter him.

The basement, however, is where the most malevolent spirit is said to reside. It is believed that a mentally ill child was chained up here by the Crawley family for years. His tormented spirit is said to be responsible for violent poltergeist activity, including throwing objects and pushing visitors, creating a palpable sense of fear.

Other Intriguing Facts

While the ghostly legends of Monte Cristo Homestead are enough to attract countless visitors, there are other fascinating aspects of this historic site that add to its allure. For instance, the homestead houses an impressive collection of antiques and memorabilia from the Victorian era. These items, meticulously preserved by the current owners, offer a glimpse into the lifestyle of the Crawley family and the opulence of the late 19th century.



In addition to the hauntings, the homestead is known for its Victorian era beauty and an impressive collection of antiques.

The homestead has also been featured in numerous television shows, documentaries, and paranormal investigations. These media appearances have only added to its reputation as a hotspot for supernatural activity. Paranormal groups from around the world have visited the homestead, each hoping to capture definitive evidence of the ghostly inhabitants. Some have reported success, capturing eerie photographs, unexplained voices on audio recordings, and strange electromagnetic readings.

Despite its haunted reputation, Monte Cristo Homestead is also a place of great beauty. The house itself, with its intricate wrought iron latticework and expansive verandas, exudes Victorian elegance. The surrounding gardens, lovingly maintained, provide a serene contrast to the house's eerie interior, offering a peaceful retreat for visitors during the day.

In recent years, the homestead has become a popular venue for ghost tours and overnight stays, allowing hopeful visitors to experience the paranormal activity firsthand.

Ultimately, Monte Cristo has a cultural significance that extends beyond its haunted reputation. It is a valuable part of Australian history, reflecting the architectural style, social norms, and lifestyle of a bygone era. The preservation of the homestead ensures that future generations can appreciate both its historical and supernatural elements.

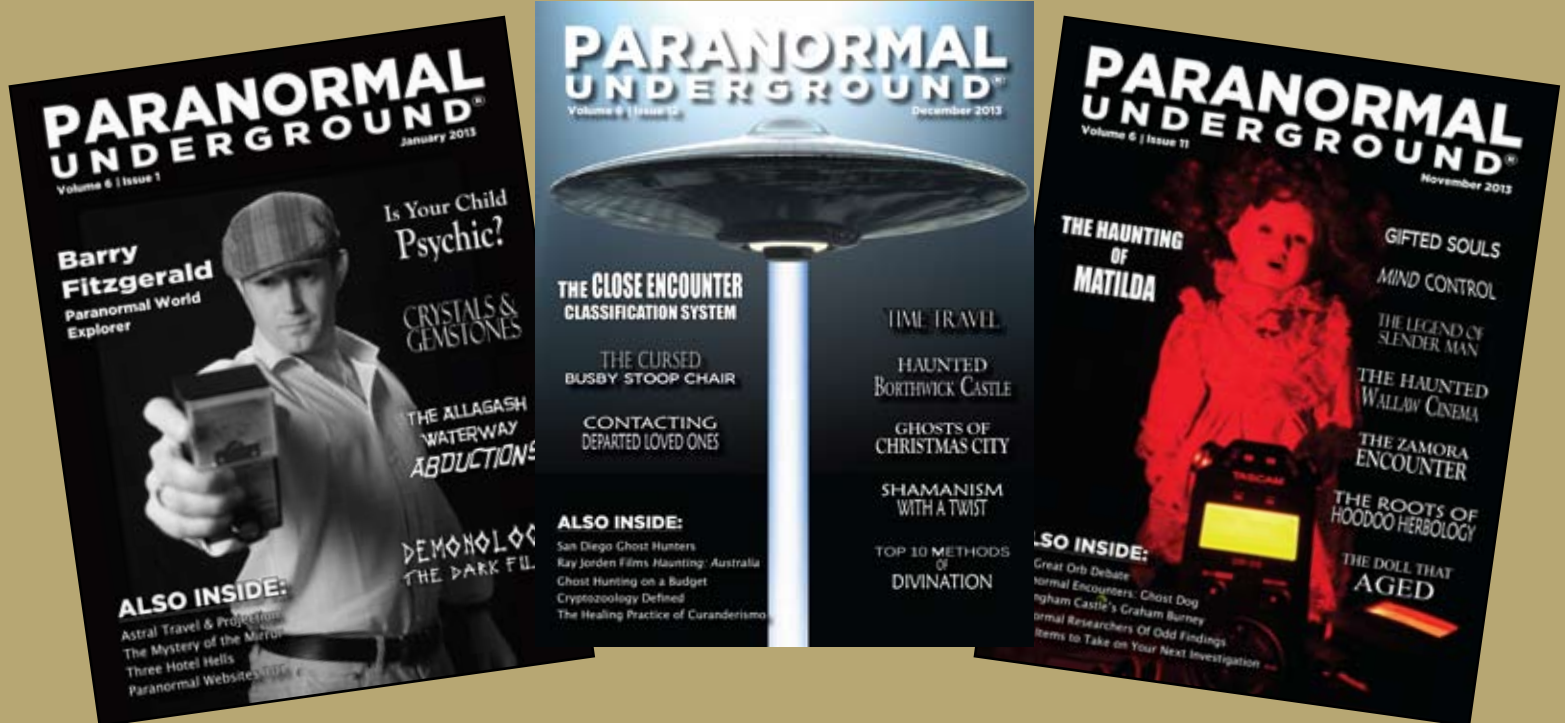
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DYSON SPHERES

A Key Tool in the Search for Extraterrestrial Civilizations?

By Chad Wilson

The search for extraterrestrial life has long been a source of fascination and wonder. Among the countless strategies for discovering alien civilizations, one stands out for its futuristic vision: the Dyson sphere.

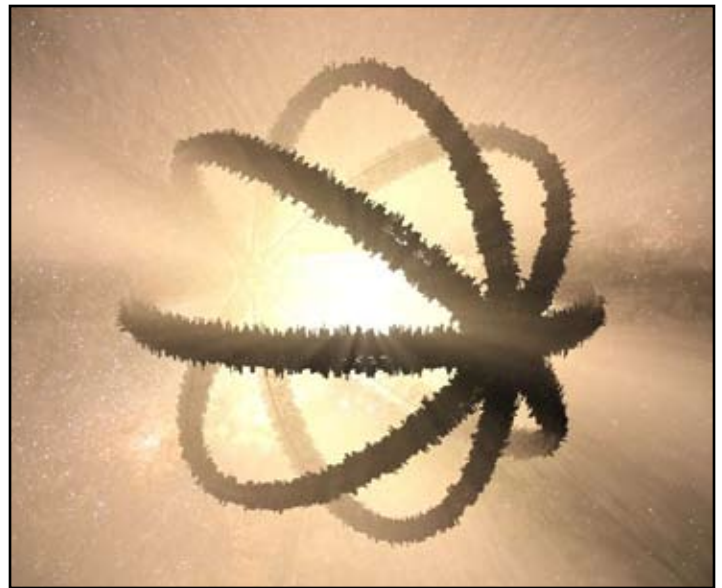
Conceived by physicist Freeman Dyson in 1960, these colossal structures are imagined to envelop a star, harnessing its energy output. As technology and astrophysics continue to advance, the concept of Dyson spheres has shifted from mere speculation to a tangible tool in the quest for extraterrestrial intelligence, offering new excitement in our pursuit of cosmic neighbors.

The Concept of Dyson Spheres and How to Detect Them

Dyson spheres were originally envisioned as a solid shell encompassing a star, but such a construct would be structurally unstable and practically unfeasible. Modern interpretations suggest a swarm of solar-collecting satellites or a vast network of orbiting solar panels, collectively known as a Dyson swarm. These structures would harness the energy of a star and could theoretically be used by an advanced civilization to power their technological needs.

One of the key ways to detect a Dyson sphere is through its unique infrared signature. A star surrounded by a Dyson sphere would still emit energy, but much of it would be re-radiated in the infrared spectrum as a result of the energy conversion and consumption processes. This makes infrared astronomy a critical tool in the search for such megastructures.

The Infrared Astronomical Satellite, launched in 1983, and the more recent NASA Wide-field Infrared Survey Explorer (WISE) telescope have provided extensive infrared surveys of the sky. Researchers have been combing through this data to identify anomalies that could indicate the presence of a Dyson sphere. The detection of an unusual infrared excess around a star could be a potential indicator of an alien megastructure.



Recent Advances and Discoveries ... and the Implications for SETI

In recent years, advancements in infrared astronomy and data analysis techniques have enhanced our ability to search for Dyson spheres. Researchers at Penn State University have been at the forefront of this effort, utilizing data from WISE to search for mid-infrared emissions from more than 100,000 stars. Although no definitive Dyson Sphere has been identified, several intriguing candidates have been flagged for further investigation.

One notable case is the star KIC 8462852, also known as Tabby's Star. This star exhibits unusual and significant dimming events that cannot be fully explained by natural phenomena, such as dust clouds or planetary transits. While the presence of a Dyson sphere is just one of many hypotheses, the star remains an exciting subject for further study.

The search for Dyson spheres extends beyond mere curiosity; it has profound implications for the SETI

Institute. If we were to detect a Dyson sphere, it would be a clear indication of an advanced extraterrestrial civilization. Such a discovery would not only answer the age-old question of whether we are alone in the Universe, but also provide insights into the technological capabilities and energy consumption of alien societies.

The search for Dyson spheres also complements other SETI strategies, such as listening for radio signals or looking for optical signals from distant stars. By diversifying our search methods, we increase the likelihood of detecting extraterrestrial life.

Challenges and Future Directions

While the search for Dyson spheres is promising, it isn't without challenges. The vastness of space and the limitations of our current technology mean that we are only scratching the surface in our search efforts. Additionally, distinguishing between natural astrophysical phenomena and potential Dyson spheres requires careful and often painstaking analysis.

Future advancements in telescope technology, such as the James Webb Space Telescope (JWST), are expected to provide more detailed observations and data. The

JWST's enhanced sensitivity to infrared light could help identify more potential Dyson sphere candidates and offer clearer insights into their characteristics.

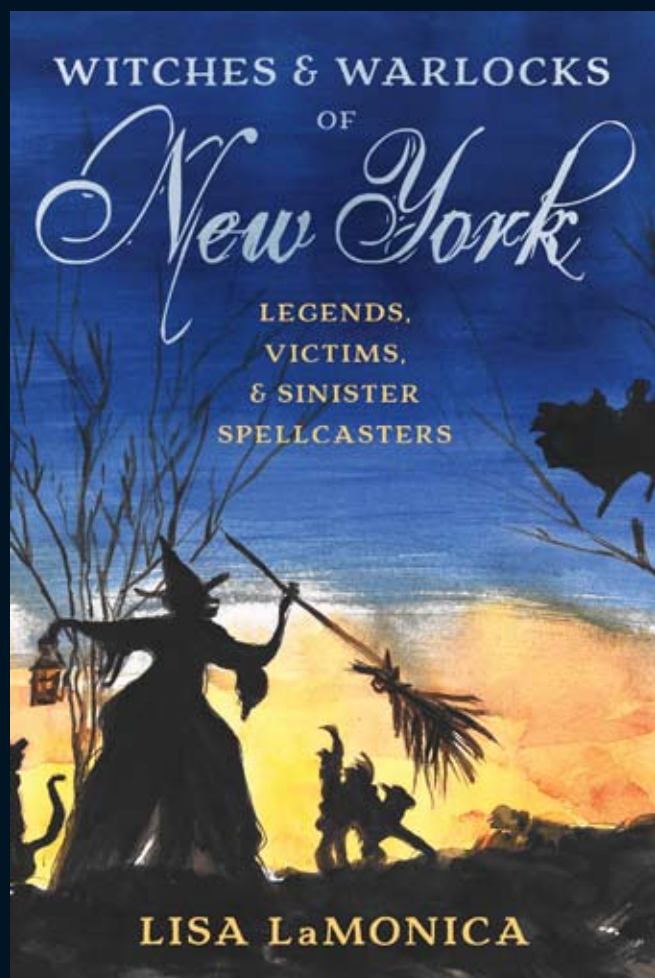
Moreover, international collaboration and the development of more sophisticated data analysis algorithms will play a crucial role in advancing our search. By pooling resources and expertise, the scientific community can more effectively tackle the formidable challenge of detecting these elusive megastructures.

The Search Continues

The potential of Dyson spheres as a tool in the search for extraterrestrial life represents one of the most exciting frontiers in modern astrophysics. While we have yet to find definitive evidence of such structures, the ongoing advancements in infrared astronomy and data analysis provide a promising path forward.

As our technological capabilities continue to grow, so does the possibility that we may one day uncover signs of advanced alien civilizations harnessing the power of their stars. The search for Dyson spheres could bring us closer to answering one of humanity's most profound questions: Are we alone in the Universe? ♦

The search for Dyson spheres complements other SETI strategies.



New York has a surprisingly rich and lasting history of witches and witchcraft.

“Witches and Warlocks of New York” is a collection of legends and historical accounts about witches and warlocks from the Empire State.

Included are a history and origins of witchcraft in New York State and historical tales of “witches” across the state, including Hulda, the witch who was the origin behind a Brothers Grimm fairy tale and inspired parts of Washington Irving’s “Sleepy Hollow.” Plus, the Easthampton Witch Elizabeth Garlick, accused and tried 35 years before the Salem witch trials.

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THE FRESNO NIGHTCRAWLER

CRYPTID OR HOAX?

By Corey Sharer

The Fresno Nightcrawler, a peculiar and mysterious entity, has captured the imagination of many since its first documented sighting in Fresno, California. Described as a creature with long, thin legs and a small head, the Nightcrawler appears to glide eerily through the night, almost as if it were floating.

This bizarre phenomenon has spurred numerous theories, ranging from extraterrestrial visitors to interdimensional beings, and has become a staple in modern cryptozoology.

The earliest known footage of the Fresno Nightcrawler surfaced in the 2000s, captured by a resident's security camera. The video shows two strange figures moving across a front yard. These entities are notable for their unusual morphology: long, thin legs and short and stubby torso, giving it an appearance akin to a walking pair of pants. This unusual structure contributes to its distinctive gait, where it seems to take long, slow strides without the visible presence of feet, creating an eerie and otherworldly spectacle.

Since this initial sighting, there have been a few other reports and pieces of footage, though none as clear or as widely discussed as the original. In one notable instance, a similar figure was purportedly captured on video in Yosemite National Park. These sightings have only deepened the mystery, as no definitive explanation has been provided by experts.

Various theories attempt to explain the Fresno Nightcrawler. Some suggest that it is a type of extraterrestrial being, possibly on a reconnaissance mission or simply exploring Earth. This idea is bolstered by the entity's unusual appearance and the lack of any known terrestrial animals that resemble it.

Others propose that the Nightcrawler is an interdimensional being, a creature that exists in a parallel dimension and occasionally crosses over into our reality. This theory, while speculative, seeks to explain the bizarre and seemingly physics-defying nature of the creature's movements.

Some skeptics, however, believe the Nightcrawler videos are elaborate hoaxes, created using puppetry or



CGI. They point out the lack of physical evidence, such as footprints or direct encounters, to support the creature's existence. Others argue that the sightings could be misidentified animals or even humans in costumes, though this does not fully explain the creature's unique gait and appearance.

Despite the skepticism, the Fresno Nightcrawler has found a place in pop culture. It has been featured in television shows about the paranormal, discussed in online forums, and even inspired artwork and merchandise. The enigmatic nature of the Nightcrawler, coupled with the scarcity of sightings, makes it an enduring mystery that continues to fascinate both believers and skeptics alike.

The Fresno Nightcrawler serves as a reminder of the unknown and the allure of mystery in a world increasingly explained by science. Whether it is a genuine cryptid, an elaborate prank, or something else entirely, the Nightcrawler captivates the human imagination. It embodies our innate desire to explore the unexplained and to find wonder in the unknown corners of our reality.

As long as there are mysteries such as the Fresno Nightcrawler, there will always be those who seek to uncover the truth, no matter how strange it might be. ♦

Ghostly Tales

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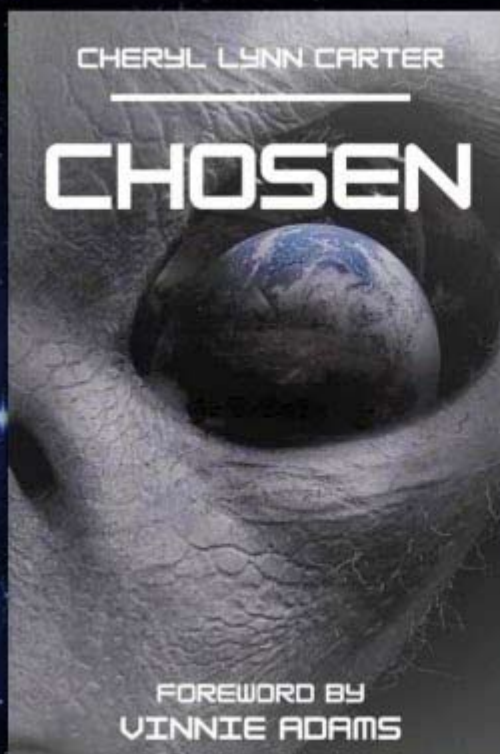


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RESTLESS SPIRITS OF THE TRANS-ALLEGHENY LUNATIC ASYLUM

By Zach McCormick, The Lineup



Photo by [Tim Kiser](#)

I've had my share of strange experiences at Trans-Allegheny Lunatic Asylum (TALA): unexplained lights, ghostly footsteps, eerie voices, the unshakable feeling of being watched. But one of the scariest things I've ever encountered actually happened outside the building.

It was fall of 2009, [founder of Dark Alley Paranormal Investigators] Aaron Sulser's first time visiting TALA. He was with one of his friends, Austin Rausch. By the time the sun set, we were the only three people left in the building. Or so we thought. We had a sequence of strange events happen throughout the night, one bizarre thing after another, which is typical when you're alone at TALA. It's like they know when they have you outnumbered or something.

It was getting pretty late; we were on the first floor checking out Wards A and D after investigating the

Arts and Crafts Wing. We kept hearing this strange knocking sound.

Tap Tap Tap Tap

We followed it through the corridors but never seemed to get any closer.

As soon as we thought we had found the source, the knocking started up somewhere else, taking us deeper and deeper into the opposite side of the building. It was like we were being led. We ended up in the area just outside Lily's room near the Civil War section.

Tap Tap Tap Tap

The sound bounced all around the room, but we couldn't figure out where the hell it was coming from. Eventually, it stopped and we gave up looking for it. We were deliberately led there. Why? I don't know.

Since we were near the back of the building, I asked Aaron and Austin if they wanted to see the cool-looking stone gargoyle faces carved on the facade of the building. The three of us went outside, walked down the sidewalk to where the gargoyles were, when all of a sudden, we heard this really loud banging.

Tho-thunk! Tho-thunk! Tho-thunk!

We turned and saw a huge black mass pulsating on the sidewalk a few yards in front of us. The dark figure lunged forward and came barreling toward us! This thing literally chased us back toward the door. Aaron ran in, Austin ran in, then I ran in, bolting the door behind me. Whatever that thing was, it came right for us, and I wanted to make sure it stayed outside.

I made sure all the other entrances were secure. I couldn't see anyone outside, and no one else was in the building. I'd never had anything like that happen before, in the building or out.

Later the same night, the three of us were investigating the fourth floor when again, we heard this crazy, super loud banging.

Boom! Boom! Boom!

This time it was coming from the huge, heavy double doors of the main entrance in the front of the building. The sound was so loud it carried up the stairwell echoing all the way to where we were sitting three floors above. I was freaked out but ran downstairs to make sure it wasn't someone trying to get in or playing a trick on us.

Of course, it didn't make me feel any better when I discovered no one was at the door. I checked the entire area, looked all over the yard, but found nothing that could or would have made that sound.

I think the ghosts of TALA like to freak people out, especially when there isn't a large group. Many nights I've been set up with a tour somewhere on the first or second floor, knowing no one else was in the building, and played the "shave and a haircut" knocking game with the spirits. And they answer "bang bang," slamming the metal doors of the seclusion cells on the fourth floor or something similar, in rhythm.

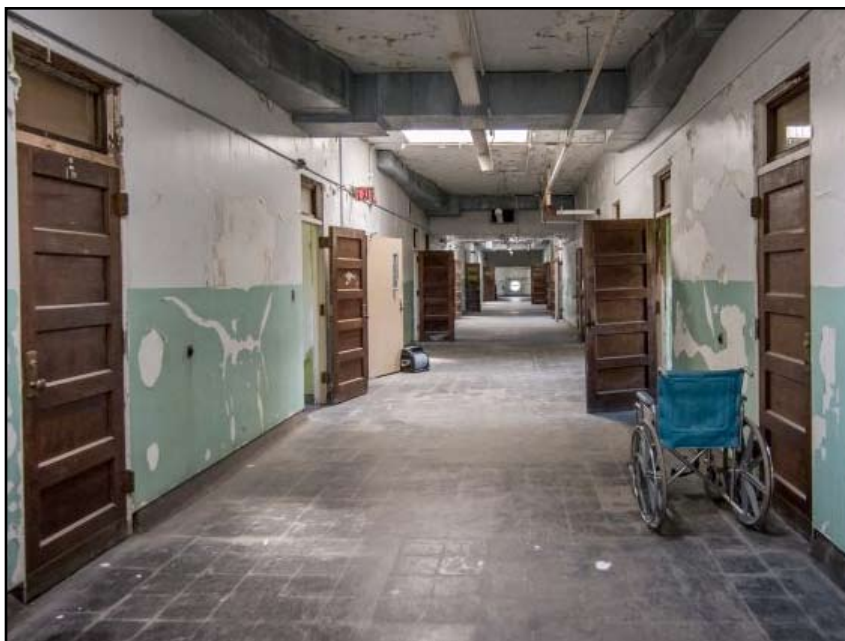
My theory is the spirits at TALA are very aware of what the ghost hunters are doing, what they're looking for, and they choose to communicate on their terms. Maybe they get bored hearing the same questions asked over and over again. I mean, seriously, how many times would you want to be asked, "What's your name? Did you die here? Can you give us a sign of your presence?"

The more personal you get with the ghosts, the less

they want to cooperate. They seem to have more fun playing games and messing with people. I've learned creativity is the key to a successful investigation at TALA.

People should also be aware that the ghosts of TALA have a tendency to follow you home. Just recently I was alone in my house after a night at TALA, walking down the hallway toward my bedroom, when I heard very clearly in my ear, "Hey, Zach, did I scare ya?"

I stopped immediately, looked around for someone even though I knew I was alone.



One of the most terrifying experiences at the Trans-Allegheny Lunatic Asylum happened to us outside the building, when a dark, pulsating figure chased us. (Photo by Viv Lynch via Flickr)

I've had all sorts of strange things happen since I started at TALA. Things will disappear or go missing only to show up in odd places later. One of my gloves disappeared one night. I searched my car, looked everywhere for it with no luck. I thought I'd left it behind at a restaurant, even went back looking for it, but it wasn't there either. Eventually, I gave up looking and pitched the other glove out. That same day I found the missing glove, sitting on the driver's seat of my car, plain as day.

Another time, a button on my favorite jacket fell off while I was working at TALA. I didn't notice when it happened, just noticed later it was gone. I was bummed but didn't really think much of it. Weeks later, as I went into my house I felt something hit me on top of my head, like it had literally fallen from the sky.

I picked it up and was shocked to find it was the missing button. I know the spirits from TALA are responsible for weird stuff like that. How else can you explain it? ♦

SHADOW MAN IN STOCKTON: A FRIENDLY HAUNTING?

BY PAUL DALE ROBERTS, HALO PARANORMAL INVESTIGATIONS

Kristen Simmons reached out to us with a peculiar and intriguing case of paranormal activity at her home. Her dad had built the house himself, and to her knowledge, no one had passed away there except for a few pets.

Despite this, both Kristen and her step-sister Deborah Ortega witnessed a shadowy figure moving about the house. Kristen recounted seeing the shadow outside her bedroom door, confirming it couldn't have been her sister, who was busy elsewhere in the house.

The house was broken into a few years before, and it required major repairs. As such, Kristen and Deborah had only recently moved back in and started noticing the shadow man. They didn't feel the presence was evil or demonic, but it was definitely making itself known. Kristen asked if we could investigate the phenomena occurring in their home in Stockton, California.

HPI Paranormal Investigators: On the Case

I along with one of our new investigators at the time, Brian Ingwersen, took on the case. Brian asked numerous questions during the briefing with Kristen.

The primary concern was identifying if the house was indeed haunted, as both Kristen and Deborah had seen the shadow figure, primarily in the kitchen area and hallway. Given that Kristen felt the entity posed no threat, no cleansing was planned.

The Investigation

Brian systematically took photographs of each room in the house, aiming to capture any anomalies. Meanwhile, I conducted an EVP sweep throughout the house. Though there were a few instances of what sounded like Class C whispers or breath sounds, these could easily have been attributed to Paul himself. Despite our efforts, no significant evidence was captured inside the house.

Entities sometimes seem to avoid ghost hunters, possibly stepping outside to evade interaction. With this in mind, we decided to extend our investigation outdoors.



Kristen asked us to investigate her home after she repeatedly saw a shadowy figure moving through the house.

Outside the house, we finally caught a breakthrough. We recorded a Class B EVP of a male voice saying, "Go away, we don't want to talk anymore."

This response indicated that the entity, much like a living person avoiding someone at a party, stepped out to avoid us. The voice suggested a clear desire for privacy, validating Kristen and Deborah's experiences.

Final Thought

The investigation confirmed that the house had paranormal activity. The recorded EVP outside suggested the presence of an entity that preferred not to interact with us. Given the nature of the response, I concluded that the entity was not hostile.

In fact, I believe the entity might be a friendly spirit, perhaps a deceased relative or friend looking over Kristen and Deborah. The fact that the entity did not exhibit any harmful behavior aligned with Kristen's initial feeling that it was not a threat. ♦



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The Zombie Apocalypse

A Chilling Look at Real and Imagined Threats

By Rainbow Radaelli

Could a zombie apocalypse really happen? From eerie predictions by virtual assistants to terrifying real-life events, let's delve into the chilling mix of myth and reality surrounding this apocalyptic scenario.

First, let's start with something interesting, something that might raise your eyebrows a bit. Recently in a YouTube video, a man asked Alexa, Amazon's cloud-based voice service, an unusual question: When will the zombie apocalypse happen?

Alexa answered without hesitation that in May 2028, the CRV-16 virus — also known as the zombie apocalypse virus — would start in London, England, and then continue on to the Philippines. It then reaches the U.S. on June 21, 2028, before reaching the rest of the world by July 2028.

I don't know about you, but this was a bit disconcerting to the point of thinking it was a prank. Whether it is or isn't, it got my attention. Let's dive in to some other shocking stories and real-life possibilities.

Miami Cannibal Attack

This incident is also called by another name, "The Miami Zombie," because of the horrific nature of the attack. On May 26, 2012, a homeless man named Ronald Poppo was attacked by Rudy Eugene on the MacArthur Causeway in Miami, Florida.

Eugene accused the victim of stealing his *Bible*. He beat him unconscious, removed his pants, and bit off most of his face, leaving him blind in both eyes. An officer from the Miami Police department fatally shot Eugene, ending the 18-minute assault.

It was determined that "bath salts" might have been involved, but toxicology reports only found small amounts of marijuana in Rudy's system. This left many to speculate as to what could have caused the assault. To this day, nobody knows why the attack happened, but it fueled the idea that Eugene was a zombie.

Zombie Slave

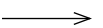
In 1980, a man named Clairvius Narcisse miraculously walked into a hospital in Deschapelles, Haiti, 20 years after



he died. Years back, after his family had buried him, they found out that his grave had been disturbed. They didn't know, however, that a local voodoo doctor, also known as a bokor, stole his body to enslave him. It was later thought that his brother might have been the one to poison him after an argument over an inheritance and land.

When Narcisse heard that his brother had died, he believed his days as a slave were over. It is assumed that he was poisoned with tetrodotoxin, a very powerful neurotoxin that leads to a comatose state, which is why his family thought he had died. He was later exhumed and fed *Datura stramonium*, a hallucinogen also known as jimsonweed, to keep him enslaved.

What is very strange is that his death was verified by two American doctors and documented. Narcisse believed that a sorcerer had taken his soul, thus making him live the rest of his life as a zombie slave. Fortunately for him, though, this ended with the death of his enslaver. The question is, was it his brother?





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HBO's 'The Last of Us'

The Last of Us HBO show was based off the 2013 video game by the same name, developed by Naughty Dog. It's a post-apocalyptic series, where the downfall of humans is caused by a fungal outbreak. The devastating effects transform humans into hostile creatures who attack survivors of the epidemic.

The premise of the show is about a man named Joel, a smuggler who escorts an immune teenager Ellie, across the United States. She is the hope of the future, or so this is what the show projects. It's an odd take on what type of viruses can arise. But according to scientists, this is the most unlikely scenario. I must admit, it is one of my most favorite zombie shows due to the unusual plot.

Resurgence of a Zombie Virus

Warmer conditions are concerning NASA climate scientists regarding a potential resurgence of a zombie virus that can come back from the dead. This is due to warm conditions causing the arctic permafrost to thaw. Problems arise if it thaws rapidly.

There's a chance for viruses that have been dormant for tens of thousands of years to reappear and jeopardize the health of animals and humans. The scary thing is, scientists successfully reanimated a 48,500-year-old virus found frozen in Siberia.

They also discovered 13 other viruses similar in nature that were all trapped in the permafrost. Two things can happen, they can either be released by the warming of the Earth or weaponized for nefarious purposes. The clock is ticking either way.

Zombie-Ant Fungus

The zombie-ant fungus, also known as cordyceps, can infect ants and spiders. This fungus makes ants do what they normally wouldn't do. First, it makes them abandon their colony.

They then climb onto the underside of leaves, biting down hard in what's known as a death grip, locking themselves into place.

It's the last thing they will ever do. The zombie-ant fungus drains its host of all its nutrients before filling its body with spores that reproduce.

Xylazine

This drug is also known on the streets as tranq. Its true purpose is to calm animals such as cattle, sheep, horses, elk, etc., in order to calm them during medical procedures. It also relieves pain and is used as a local anesthetic.

The problem is, drug addicts have been using it to get high. People who overdose on this drug are out of luck, because the medication — known as Narcan — only works on opioids or narcotics.

What makes it so fatal is the fact that it causes extreme drowsiness resulting in breathing, heart rate, and blood pressure dropping dangerously low. It is becoming an epidemic in its own right.

As you can see, there are potential problems arising for us planet dwellers. Unfortunately, there are some in society who create their own demise and others advocating for science who will exploit what should be left alone.

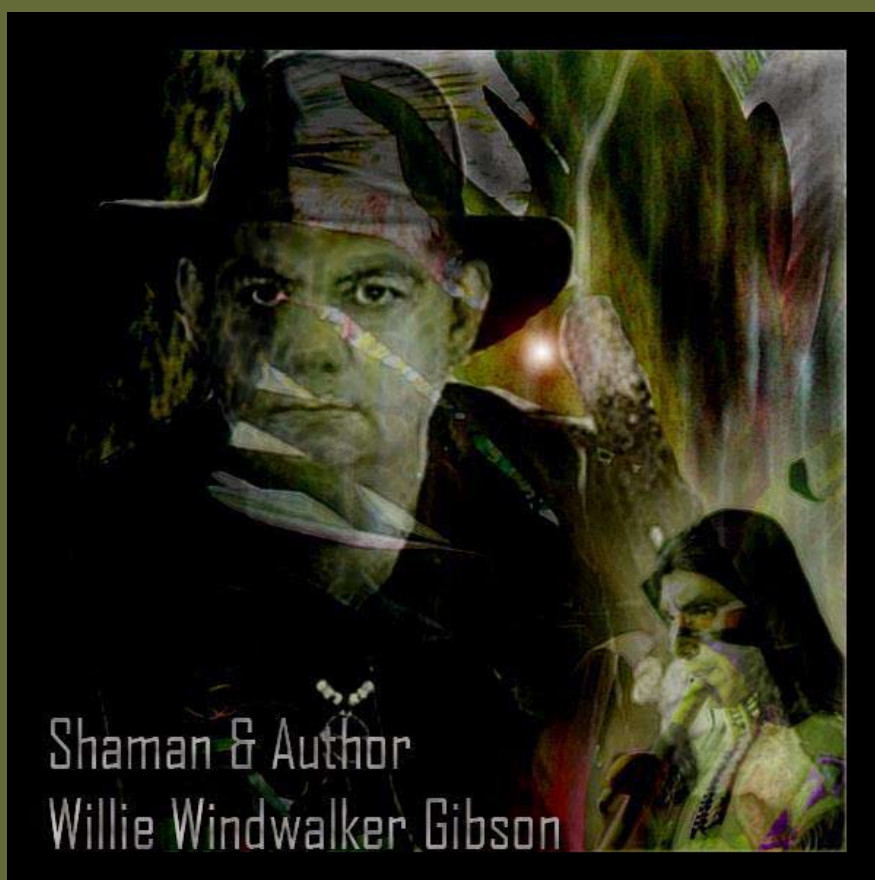
The future is in the uncharted waters of chance. Will we come to our senses before it's too late? ♦



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Unveiling the Secrets of the Shag Harbour UFO Incident

By Cheryl Lynn Carter

Shag Harbour is a tiny fishing community on the southern tip of Nova Scotia near the Atlantic coast. It's had its share of stories about giant sea serpents, man-eating squids, and ghost ships. Then, on the night of October 4, 1967, it became known for something else.

At 7:15 p.m., Air Canada Flight 305 was en route to Toronto while flying over Sherbrooke and Saint Jean, Quebec. Captain Pierre Guy Charbonneau informed co-pilot Robert Ralph that there was something strange to the left side of their aircraft. He described it as rectangular shaped with a string of smaller lights trailing it.

At 7:19 p.m., they observed a sizeable silent explosion near the object. It turned into a big white cloud and quickly turned red, then violet, and then blue. The smaller trailing lights broke formation and began flying around the explosive sphere. Two minutes later, a second explosion occurred, which caused a glowing blue cloud.

Around 9 p.m., the crew of the M.V. Dickerson, a dragger with 18 men aboard, observed four UFOs in the sky. The ship was near Sambro, Nova Scotia, when they received solid radar returns that lasted for approximately two hours before disappearing.

It was 11 p.m. when Chris Styles stepped out on the family's porch and observed strange orange lights in the sky over the water. He quickly attempted to get to a better vantage point near the water and managed to get within 100 feet of the event. There were four lights in a row that flashed in sequence — one, two, three, and four — and then turned off for a second before flashing again.

Laurie Wickens and four friends were driving home when they noticed strange lights in the sky. They stood and watched as the four orange lights flashed in sequence. Suddenly, the lights tilted to a 45-degree angle and descended quickly toward the water's surface. Upon impact, there was a bright flash and an explosive roar.

The object did not appear to dive into the water, but instead floated above the surface approximately half



Shag Harbour, a small fishing village in Nova Scotia, gained notoriety on October 4, 1967, when strange orange lights were witnessed in the sky.

a mile from the shore. Certain that they were about to witness an airline disaster, Laurie quickly located a phone booth and was the first to notify the Barrington Passage Royal Canadian Mounted Police (RCMP).

Corporal V. Werbicki and Constable Ron O'Brian were dispatched. Constable Ron Pond was on patrol on Highway 3 east of Shag Harbour when he also observed the lights. From his position, he could see the craft while it was still in the sky. It appeared to have an unusual lighting configuration and flight characteristics, and it seemed to "change" during its descent.

More Witnesses Report Sightings

Eleven witnesses reported seeing an illuminated object that was flying low as it headed toward the water. Several said they heard a whistling sound such as one



Multiple witnesses reported seeing a series of mysterious lights and heard loud explosions, with some even observing an object hovering just above the water's surface before it slipped beneath the waves.

hears in old war movies and then a loud bang and flash of light. They watched as the orange lights, now a mere foot above the water, slowly changed to yellow and appeared to move, leaving a trail of yellow foam in its wake a half mile long.

At 11:20 PM, it slipped into the water. Its lights were no longer visible, but the mysterious yellow foam measuring 80 feet wide and a half mile long remained.

Bradford Shand and Lawrence Smith were the first to arrive in their fishing boats. Smith turned on the powerful searchlight and swept the area. All that was left was a strange foam and rising bubbles, as if something had sunk there. They said the foam was unlike any sea foam they had ever seen — it was four inches thick, oily to the touch, not like fuel or engine oil, and smelled like burnt sulfur.

The foam was so thick that they had to cut through it in order to search. Unfortunately, they did not locate any aircraft or survivors.

Search Results Are Unexpected

After communicating with the North American Aerospace Defense Command (NORAD) radar facility at Baccaro, Nova Scotia, the following morning Maritime Command was instructed to conduct an underwater search.

As crowds watched from the shore, seven Navy divers from the HMCS Granby conducted a search throughout the next day and until sundown. Maritime Command cancelled the search, stating the search was unsuccessful. All commercial, private, and military aircraft along the eastern seaboard were accounted for.

Up until this point, all the witnesses were reporting a downed aircraft. Unbeknownst to the general public, Resilience Research Centre in Halifax sent a priority telex to the Air Desk at Air Force headquarters in Ottawa — the desk that handles all civilian and military UFO sightings. RRC Halifax informed them of the crash and that all conventional explanations had been dismissed.

It was labeled a “UFO Report.”

The Air Desk in turn sent a priority telex to the Navy headquarters concerning this “UFO Report.” Squadron Leader Bain said the Air Force was very interested and recommended another underwater search be conducted. The Navy contacted Fleet Diving Unit Atlantic and a detachment was assembled. Divers went down in pairs to search the seafloor hoping they would discover something.

Donald Nickerson, a local fisherman, observed divers resurface with what looked like jagged pieces of metal while another diver was collecting large pieces of foam



Despite extensive searches by the Navy and ongoing interest from UFO researchers, the Shag Harbour incident remains shrouded in mystery, with some suggesting a possible cover-up.

and putting them into a bag. They quickly put these into a military truck away from the public's view and the investigation concluded claiming nothing of importance was found. Or was there?

The Military's Response to the Shag Harbour Incident

A former radar operator on Baccaro Point later came forward with more information. NORAD had actually tracked the object the moment it entered the Earth's atmosphere, after a half orbit over Siberia to the east coast of Canada and the Shag Harbour area.

The military knew the mysterious craft submerged under its own power, proceeded out to sea, moved northeast up the coast around Cape Sable Island, and traveled 25 miles underwater to an area known as Government Point, a small U.S. military base. The base employed highly technical tracking radar, known as a magnetic anomaly detection grid in order to track Russian submarines in the North Atlantic.

It was within this grid that the military tracked the object's movement. Six Naval vessels were dispatched to surround it. For three days, there was no indication the craft was functioning. What was it? Who was it? What was their intension?

People nearby noticed that the Army quarantined Shelburne base and blocked the road to Government Point. The military was checking cars as they went

through, making sure only certain people had access.

Hydrophones, underwater devices that detect and record ocean sounds, were employed, and underwater photos were taken. The Navy vessels held their position for a week. During that time, it was said that pieces of some kind of metal were recovered. In addition, there was concern as to how to proceed in terms of a possible threat, especially after a second craft appeared under the water. Had this one come to assist the first one?

Was It Just One Big Cover-up?

Years later, a former Canadian Air Force member and expert in aircraft identification claimed his team was brought in to assist. They were told the Navy vessels were in place over an intruding Russian submarine. He questioned why they were brought there to identify submarine parts; parts that were kept below deck at all times. One of the divers remarked that

there was no submarine down there and whatever it was, it wasn't from Moscow.

Nonetheless, at that point, the two unidentified submerged objects (USOs) began moving and headed toward the Gulf of Mexico, with the remaining Navy vessels in pursuit. As the USOs traveled at a tremendous speed, eluding the Navy, they emerged from the water and quickly ascended into the sky before disappearing out of sight.

The Shag Harbour incident was Case #34 in the Condon Committee report. Norman Levine who was assigned the investigation, spent a total of two hours on the case; two hours that included two long distance phone calls. One call was to the watch officer at Maritime Command, and the other to a RCMP spokesperson.

With this minimal information, he concluded that no further investigation was warranted and the case was closed. That was until 26 years later, when Chris Styles became MUFON's assistant director for Nova Scotia. Being inspired by the work of the late Leonard Stringfield and Stanton Friedman, he felt it was time to reopen the Shag Harbour case; a case that he felt is highly anomalous.

Much like Roswell in 1947, the Shag Harbour crash/retrieval incident appeared to be a cover-up. Newspapers were retracting their stories, official records were either altered or missing, and military witnesses claimed to have no knowledge of being there. Will we ever know the truth? ♦



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EXPLORING THE BENEFITS OF ENERGY HEALING FOR PETS

By Chad Wilson

In the quest to ensure our pets live their healthiest, happiest lives, an exciting approach is gaining traction: energy healing. This holistic practice combines ancient wisdom with modern techniques to address the energetic imbalances that can affect our furry companions' well-being.

Just as humans have found solace and healing in therapies such as Reiki and acupuncture, pets too can experience profound benefits from these energy-based treatments. These approaches offer a harmonious path to wellness, enhancing vitality and restoring balance in our animal friends.

Energy healing is based on the principle that all living beings possess an innate life force or energy field that influences their overall health. When this energy is blocked or out of balance, it can lead to physical, emotional, or behavioral issues. Energy healing seeks to clear these blockages, allowing the body's natural healing processes to function optimally.

For pets, energy healing can be especially beneficial because they are highly sensitive to their environment and the energies around them. Animals often mirror the emotions and stress levels of their human companions, making them ideal candidates for energy-based therapies.

Reiki for Pets

Reiki is a Japanese technique that promotes relaxation and healing through gentle, noninvasive touch. Practitioners channel universal life energy into the animal's body, helping to reduce stress and support physical healing. Reiki can be particularly effective for pets recovering from surgery, dealing with chronic pain, or experiencing anxiety.

A typical Reiki session involves the practitioner placing their hands on or near the pet's body. Pets often respond with signs of relaxation, such as yawning, stretching, or even falling asleep. Owners have reported improvements in their pets' energy levels, mood, and overall health after regular Reiki sessions.

Acupuncture and Acupressure

Acupuncture and acupressure are ancient Chinese therapies that involve stimulating specific points on the



body to promote healing. In acupuncture, thin needles are inserted into these points, whereas acupressure involves applying pressure with fingers or specialized tools.

For pets, acupuncture and acupressure can help with a variety of conditions, including arthritis, digestive issues, and respiratory problems. These therapies work by balancing the flow of Qi (vital energy) through the body's meridians. Veterinary acupuncturists and trained practitioners carefully select points based on the animal's specific health needs.

Many pet owners report significant improvements in mobility, pain levels, and overall quality of life for their pets after acupuncture treatments. Acupressure can be a more accessible option for those who prefer a needle-free approach, with similar benefits.





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Crystal Healing

Crystal healing involves using gemstones and crystals to balance the body's energy fields. Each type of crystal has unique properties that can aid in healing various ailments. For example, amethyst is known for its calming effects, while rose quartz promotes love and emotional healing.

Crystals can be placed around the pet's living space, worn on a collar, or used in direct healing sessions. Some practitioners create crystal grids around the pet's bed or use crystal-infused water to enhance the healing effects.

While scientific evidence on crystal healing is limited, many pet owners and practitioners believe in its benefits. The presence of crystals can create a calming and supportive environment, contributing to the pet's overall sense of well-being.

Aromatherapy

Aromatherapy utilizes essential oils extracted from plants to promote healing and relaxation. When used cor-

rectly, essential oils can have a positive impact on a pet's physical and emotional health. Lavender, for instance, is known for its calming properties, while peppermint can help with digestive issues.

It's important to note that not all essential oils are safe for pets, and improper use can lead to adverse reactions. Consulting with a holistic veterinarian or a certified aromatherapist is important before introducing essential oils to your pet's routine.

Diffusing essential oils in the pet's environment, adding diluted oils to their bath, or using pet-safe sprays are common methods of application. Pet owners often observe improvements in anxiety, skin conditions, and overall mood with the proper use of aromatherapy.

Sound Therapy

Sound therapy, or vibrational healing, uses sound frequencies to promote relaxation and healing. This can include playing specific types of music, using tuning forks, or employing sound bowls. Animals are naturally attuned to sound, making this a gentle yet effective method for addressing various health concerns.

For pets, sound therapy can help with anxiety, pain relief, and improving sleep patterns. Calming music or specific sound frequencies can be played during stressful events like thunderstorms or fireworks to help soothe anxious pets.

Combining Holistic Approaches

Many holistic veterinarians and pet owners find that combining multiple energy healing modalities can enhance the overall effectiveness of treatment. For example, a pet receiving acupuncture might also benefit from Reiki sessions and aromatherapy to address different aspects of their health.

Holistic approaches emphasize the interconnectedness of physical, emotional, and energetic well-being. By addressing all these layers, energy healing can provide comprehensive care that supports the pet's overall health and vitality.

Enhancing Pet Wellness with Energy Healing

Energy healing for pets represents a compassionate and holistic approach to animal wellness. By integrating therapies like Reiki, acupuncture, crystal healing, aromatherapy, and sound therapy, pet owners can offer their companions a path to better health that complements traditional veterinary care.

As our understanding of these modalities grows, so too does our ability to support the well-being of our beloved animal friends in a more profound and meaningful way. ♦

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5 SIGNS YOU'RE AN EMPATH

AND HOW TO HARNESS THAT POWER

By Dr. Athena Perrakis, Sage Goddess

Ever walked into a room and instantly felt like you've stepped into an emotional whirlwind? Do strangers spill their life stories to you at the grocery store?

If so, you might just be an empath! Being an empath can feel like a superpower (or a curse on really bad days). But don't worry – with great sensitivity comes great power!

Let's dive into the top five signs you're an empath and how to harness this extraordinary gift.

1. You Feel Other's Emotions as Your Own

One minute you're happy. The next you're overwhelmed with sadness. If this emotional roller coaster sounds familiar, you might be picking up on others' feelings.

Try grounding technique, such as deep breathing or visualization to center yourself and separate your emotions from those around you.

2. Crowds Overwhelm You

Malls, concerts, or even busy offices might leave you feeling like you've been hit by a truck. Empaths are like emotional sponges, soaking up the vibes from everyone around them.

To manage this, set boundaries. Give yourself permission to step away when it feels like too much. Create a "safe space" at home where you can decompress and recharge.

3. You Have a Deep Connection With Nature

Do you feel instantly at peace when you're surrounded by trees or listening to the waves



crash? Nature has a calming effect on empaths, grounding them and providing a much-needed energy cleanse.

Make time for regular walks, hikes, or even just sitting in a park. Nature is your reset button!

4. Strangers Easily Confide in You

Do people you barely know start sharing their deepest secrets with you? If so, it's likely because

they sense your empathic nature and feel safe opening up to you.

To manage this, practice active listening but also set boundaries. It's okay to gently steer conversations or take time for yourself when needed.

5. You're a Natural Healer

People are drawn to you because of your innate ability to heal and support others. Harness this power by setting boundaries to protect your energy.

Engage in practices such as meditation, yoga, or creative outlets that replenish your spirit.

Practices to Harness Your Empathic Abilities

- Practice Self-Care: Prioritize activities that rejuvenate you. Regular self-care isn't a luxury — it's a necessity for empaths.



- Establish Boundaries: It's OK to say no. Protect your energy by setting limits with others.

- Develop Grounding Techniques: Techniques like mindfulness, deep breathing, or even carrying grounding stones like hematite can help you stay centered.

- Seek Support: Connect with fellow empaths or join support groups. Sharing experiences can be incredibly validating and enlightening.

Being an empath is like having a finely tuned emotional radar. It can be overwhelming, but with the right tools, you can transform this sensitivity into a superpower.

Embrace your empathic nature, set healthy boundaries, and attune to your emotional intelligence to navigate the world with grace and power! ♦

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WHISPERS FROM THE BEYOND

Embracing the Voices of Spirits

By Willie Windwalker Gibson

I have been able to see and hear spirits for more than 58 years. I was an overweight, American Cherokee kid with a handicapped leg. I was the kid who never got picked to be on a team.

I hung out with the other kids that didn't fit in with so-called class elites. There was Floyd the stutterer, Peter the hard-of-hearing kid who talked loudly, and Chester, the kid who was always dirty and hungry.

We stuck together and protected each other throughout grade school. I also had others that I talked to, however, people who I could hear and see that others couldn't. I could see them all around me, but I never let on that they were there to anyone.

I would walk by someone who was invisible to everyone else and just nod my head. They would walk beside me and talk to me. And if the coast was clear, I would speak back to them.

I told my father of my talks with the spirits, and he understood. He told me to never tell anyone because they wouldn't understand and think I was crazy. I did this all through my grade-school years and high-school years. Sometimes the spirits would get frustrated at me for ignoring them, but I told them they would have to just put up with it.

When I turned 18 and started working, I felt more comfortable openly communicating with the spirits. I'd go somewhere where I could be alone and just listen to their whispers.

In the 1960s and '70s, mediums were still somewhat taboo, in the South especially. Today, if I want to talk to a spirit, I sometimes just pull out my cell phone and pretend to talk to someone.

I'm writing this story to let people know it's OK to talk to spirits. People are more open to the pos-



sibility of spirits in current times, and the veil of communication is more accessible. Many mediums are no longer afraid to come forward.

Recently, more people have been seeking my guidance on how to connect with spirits. They want to learn the proper way to protect themselves during these interactions. I teach them the dos and don'ts, particularly advising them to avoid Ouija boards, as they can be dangerous in the wrong hands. I assure them that they don't need these boards; they are capable of communicating with spirits one-on-one.

When they start hearing whispers, they should simply say, "If you're not of the light of God, go away in Jesus' name." This method has proven to be very effective. It's important to choose the right moment to respond to the whispers when you hear them. ♦



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